



Upendo Children's Centre



Newsletter 3-2020

BEDANKJE VASTENACTIE

We hebben het prachtige bedrag van 7000,- euro mogen ontvangen, opgehaald tijdens de vastenactie. Speciale dank aan kapelaan Marco Figliola en pastoor Wilson Varela.

<https://youtu.be/oZSUGPUxbrU>



NEWS FROM UPENDO

I would like to take this opportunity to thank Almighty for this far He has taken us. It has not been easy as the Covid-19 case keeps on rising in everyday as per now Kenya has recorded 13.5000 cases and 240 deaths. The cases are still rising rapidly in every 24 hours. The government is trying very hard to control the spread by putting some restriction like curfew from 9pm to 4am and up till last week also lock down in some counties like Nairobi, Mombasa and Kwale. Last week lock down has stopped and the counties are open again. It has also banned any public gatherings including schools and churches are closed. The children are safe and sound as we adhere to government instructions and also trying our level best to make sure they don't experience boredom by the follow:-

- We have ensured that they observe safe measures like 1 meter rule apart from one another this ensures they avoid overcrowding. Washing their hands always with running water and a soap or use sanitizers. We have also ensured they are always on their nose masks.*
- We are making sure they take a lot fruits after every meal and a glass of hot lemon water.*
- Since they are not attending schools during this period, we have organized for morning classes from 8am up to 12pm from Monday to Friday. This is to ensure that they catch up with other students who are also*

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learning from home. The government has also encouraged online classes.

□ To avoid boredom we have made sure they are involved in co-curriculum activities like singing games and football tournaments and other indoor games like badminton. They help children to remain in the compound and avoid unnecessary movement in and out of the compound but the gates are also closed.

□ Since there are no churches being opened we usually conduct our services indoors. This has helped them to grow spiritually.

□ We have also ensured there is enough cereals to supplement their diet and other necessities.

We cannot forget to extend our gratitude to Roermond churches for the kind gesture due to their donations we really appreciate and may God bless each one of them abundantly together with their family and may everything they do prosper.

Kind regards, Jackson



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